

# **From 19<sup>th</sup> Century Modern Sport to 21<sup>st</sup> Century Trend Sport: The Civilising Influence of Sport from a Historical Perspective**

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## **ABSTRACT / RESUMEN**

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“Higher, faster, further” seems to be the core motivations for sports persons since the English-driven modern sport model was established. The 21<sup>st</sup> Century has seen a shift towards more individual and innovative sports (i.e. windsurfing or inline-skating) outside traditional sport organizations. Here the emphasis is on challenging oneself rather than competing against others.

This research paper compares the civilising influence of the modern sports model based on the internationalisation of sport (e.g. Olympic Movement) with the developments of an embryonic trend sport model based on the globalisation and individualization of sport.