

PUBLISHING STANDARDS

The objective of RICYDE on-line journal is to offer scientific based articles, aiming to develop a deep knowledge in Physical Activity and Sports Science. The specific contents of this journal will deny any simple popular articles, and those with the only aim of exposing opinions and not conclusions based on research.

The International Journal of Sport Science – RICYDE- will only publish original works and reviews that, apart from the previous stated conditions, have a specific structure, inherent to the contents of scientific articles.

RICYDE will accept articles in English or Spanish. All articles and letters submitted and others requested from the Editorial Board will be evaluated (double-blind peer referee process) before being accepted. This process will be done by external experts belonging to different scientific fields. The approval will be conditioned to a positive judgement.

The publication of articles will not give the right to any kind of remuneration; the edition rights will belong to RICYDE, and any kind of publishing will demand RICYDE permission. The authors will be free to send the articles to other journals, if they are not accepted by the Editorial Board, in a six months term.

The article file will be submitted by email using a doc.Word format (as attached document) to Dr. Ramón Cantó Alcaraz; Editorial Coordinator of RICYDE, r.canto@upm.es or to ricyde@cafyd.com

The following criteria will be applied:

1. The article will be typed in Times New Roman font 12 dots (not using bold letters) single-spaced text, except for End Notes and References, which will be typed in Arial font 9 dots. The recommended article length will not be more than 7.500 words, 25 pages including figures and tables. Pages should be numbered.

2. The first page should include the article title (bold and no capital letters), author name (surname and given name in no capital letters), working place and e-mail address for correspondence and requests for materials concerning the article. On the second page it must figure the article title in Spanish and English (bold and capital letters), an abstract of the article with and extension not higher than 250 words and a maximum of six Key Words in Spanish and English.

3. On the third page the beginning of the article:

3.1. In original articles it is recommended to follow the habitual scientific structure (Introduction, Method and Material, Results, Discussion, Conclusion, Notes and Bibliography).

In article reviews, defining a particular state or study object, the author can present it in a different structure, according to his preferences, ending with Conclusions, Notes and Bibliography.

3.2. Subheadings must be typed in an independent line, lower-case type and ending with colon.

3.3. Relevant words will be distinguished by italic text and quotation marks. Bold or underline should not be used. The use of slashes, such as: and/or, men/women will not be accepted; the author should find editing alternatives not to use them.

Figures and Tables will be situated near the correspondent text, with a correlative numeration (Figure legends should be placed on the lower part and Tables legends on the upper part). The number of Figures and Tables must be limited to those strictly needed.

Notes numeration must be sequentially ordered and be included as End Notes, immediately after the Conclusions.

References must be included in the text using round brackets, author surname in lower-case type, comma, publishing year, comma and page containing the text: (Grugeon, 1955, 143)

If there is a need to quote a generic reference in the text, without concrete page location, it could be done as follows: author surname in lower-case type, comma and publishing year, between round brackets: (Grugeon, 1995)

Complete bibliographic references should figure at the end of the article, according to APA norms, using Verdana font, 10 dots.

Examples:

-Alexandris, K., Barkoukis, V., Tsorbatzoudis, H. and Grouios, G. (2003). A study of perceived constraints on a communitybased physical activity program for the elderly in Greece. *Journal of Aging and Physical Activity*, 11, 305-318.

-Levinson, D. (1978). The seasons of man's life. New York: Alfred A. Knopp